# International 2 day masterclass on TMJ & craniofacial pain fundamentals



plus other key TMJ speakers

25th & 26th September 2015

Cavendish Conference Centre

22 Duchess Mews

London | W1G 9DT



the-olab.com

#### welcome

On behalf of the O lab, I am pleased to introduce you to the 2 day masterclass on TMJ and Craniofacial pain fundamentals. This is a fantastic opportunity to hear from the leading experts in this field, all in one location.

Over the 2 days you will experience a unique insight into multidisciplinary research, protocol and treatment and an encompassing knowledge of how our specialist speakers work in diagnosing and treating patients with greater success. Dr. Brendan Stack will be our keynote speaker. As the founder of the American Academy of Craniofacial Pain, Dr. Stack's work has been instrumental in the development of TMD treatment.

The conference will be a great opportunity to hear and be inspired by his work. Our O lab team look forward to meeting you at the conference and are confident it will be an insightful, thought-provoking, and enjoyable 2 days.

Stephen Fowley, CEO of the O lab

# keynote speakers



Dr. Brendan Stack

"TMJ dysfunction causing chronic pain and movement disorders"

Dr. Stack is a world renowned orthodontist, lecturer and author, who has been treating TMJ/TMD and craniofacial pain patients for over 40

years. Throughout his professional career he has treated hundreds of patients with TMJ problems and identified this to be the underlying cause of severe malocclusions and movement disorders. Dr. Stack lectures extensively in the United States and Canada. We are thrilled that he will be joining us in London to present his findings.



Dr. Jeffrey Brown

"The importance of checking the obvious".

Dr. Jeffrey Brown is a master dentist and TMJ specialist. His knowledge in the combined fields of TMJ, sleep, and orthodontics have given him a perspective unlike

most other practitioners who perform basic dentistry. Dr. Brown has trained extensively on how to look at faces, airways, arch shape, frenums and MRI's and approaches treatment with a "whole body" analysis. Dr. Brown works in conjunction with Dr. Stack helping people to treat their debilitating TMJ issues.

#### delegate programme

Friday 25th September	Time	Saturday 26th September	Time
Opening address	8.30 - 8.35	Morning welcome	8.30 - 8.35
TMJ diagnostics 'Craniofacial pain'  Dr. Brendan Stack (USA)	8.35 - 10.00	The importance of checking the obvious  Dr. Brendan Stack & Dr. Jeffrey Brown (USA)	8.35 - 10.00
Morning tea	10.00-10.30	Morning tea	10.00-10.30
TMJ diagnostics 'Craniofacial pain'  Dr. Brendan Stack (USA)	10.30-11.30	Diagnosis & TMJ movement disorders  Dr. Brendan Stack & Dr. Jeffrey Brown (USA)	10.30-11.30
Convenience break	11.30-11.45	Convenience break	11.30-11.45
TMJ occlusion 'Stabilometry and strength'  Dr. Alberto Baldini (Italy)	11.45-12.30	TMJ dynamics 'MyoDynamics'  Ms. Eva Tanner (UK)	11.45-12.30
Lunch	12.30-1.45	Lunch	12.30-1.45
TMJ stroke and intracranial pressure 'The vertebral venus plexus' Dr. Jon Howat (UK)	1.45-2.45	TMJ orthodontics 'Canine dynamics'  Dr. Derek Mahony (Australia)	1.45-2.45
TMD classification  Dr. Gert Petrus Visser (UK & RSA)	2.45-3.15	TMJ sleep disordered breathing, snoring and apnoea  Dr. Miikka Paltomaa (Finland)	2.45-3.15
Afternoon tea	3.15-3.45	Afternoon tea	3.15-3.45
TMJ fascial paths  Mr Ron Phelan (Australia)	3.45-4.15	Going beyond the nothing  Ms. Paula Esson & Mr. Matt Hudson (UK)	3.45-4.15
The importance of biochemistry in TMD  Dr. Harald Stossier (Austria)	4.15-5.00	The treatment of TMD  Dr. Andre Hedger (UK)	4.15-4.45
TMJ voice 'On a high note'  Mr. Alex Evans & Miss Emily Davies (Professional Singers)	evening	Awards & close	4.45-5.00

## meet the speakers



Dr. Alberto
Baldini:
TMJ occlusion"Stabilometry and strength"

Dr. Alberto Baldini obtained his degree

in 1989 at the University of Milano. He achieved a first PhD at the University of Milano-Bicocca. He is currently attending to his second PhD at the University of Rome Tor Vergata. Dr. Baldini is an expert in orthodontics and gnathology and a highly respected author of articles of international journals.



Dr. Jon Howat: TMJ stroke and intracranial pressure-"The vertebral venus plexus"

Dr. Jon Howat graduated from

Palmer College of Chiropractic, Davenport, Iowa USA in 1970 and practised in Rhodesia/Zimbabwe for 17 years. He founded SOTO Europe in 1986 and was its first president. Dr. Howat is both a Diplomate of Craniopathy and a Fellow of the International Craniopathic Society. He has taught SOT/Cranial and Cranio Fascial Dynamics internationally since 1985 with programmes in the USA, South America, Australia, South Africa, Scandinavia and Europe and is the author of "Chiropractic – Anatomy and Physiology of Sacro Occipital Technique" and "Chiropractic – Cranio Fascial Dynamics".

He also works in private practice in Oxford.



Dr. Gert Petrus Visser: "TMD classification"

Dr. GP Visser qualified as a dentist in Stellenbosch, South Africa in 1992 and moved to Poole in

Dorset where he set up his own private practice in 2003. He is also co-founder of "The O lab" & consults at further O lab locations in Oxford and Harley Street. Dr. Visser's major clinical and research interests include: diagnosis and management of temporomandibular disorders, orofacial pain and head/neck pain from a full body perspective & interaction of the dental occlusion in musculoskeletal dysfunction. As well as TMD, Dr. Visser also works with conditions in the fields of sports dentistry, orthodontics, oromyofacial dysfunction and serves as a consultant on sleep disorder in the area of bruxism and sleep apnoea.



Ron Phelan: "TMJ fascial paths"

Structural Integration therapist and international trainer, Mr. Ron Phelan has been involved in the health industry in Australia for 25 years.

Inspired by the work of Dr. Stack in 2004, he has presented TMJ presentations at conferences around the world. In 2011 Ron developed and introduced workshops for therapists specifically related to TMD. These have now been taught in seven countries. He currently works in the UK with Dr. Gert Petrus Visser (Dorset) in treating and developing new approaches to TMD.



Eva Tanner: TMJ dynamics "MyoDynamics"

The founder of MyoDynamics Miss Eva Tanner originates from a dental background, and

over the last 24 years has studied the 'form and function' of faces while working closely with many professionals in this area. These include Orthodontists, Oral surgeons, cranial chiropractors, Bowen Integrated Therapy practitioners, respiratory specialists, nutritionists, cell biologists, immunologists and neurologists.

Eva qualified as a dental hygienist and dental therapist from the St Bartholomew's and the Royal London School of Medicine and Dentistry in 1997. Since qualifying, Miss Tanner has worked in a private practice where she sees care of her clients from a direction of Prevention, Education and Minimal intervention (PEMi) and has been involved in Biodynamic Occlusion principles.



Dr. Derek
Mahony: "TMJ
orthodontics canine dynamics"

Dr. Derek Mahony is a world renowned Specialist Orthodontist who

has spoken to thousands of practitioners about the benefits of interceptive orthodontic treatment. Early in his career Dr. Mahony learned from leading clinicians the dramatic effect functional appliance therapy can afford patients in orthodontic treatment. He has been combining the fixed and functional appliance approach ever since. His lectures are based on the positive impact such a combined treatment approach has had on his orthodontic results and the benefits this philosophy provides from a practice management viewpoint.



Dr. Miikka
Paltomaa:
"TMJ sleep
disordered breathing,
snoring and apnoea"

Dr. Miikka Peltomaa is an adjunct professor in

Otolaryngology, Head and Neck Surgery at the University of Helsinki. His special interests in Otolaryngology and Medicine include pediatric problems, voice problems, sleep apnoea, hearing disorders, medical ethics and Lyme borreliosis.

He is the founder of the Musicians' Medicine Association in Finland and the multidisciplinary Musicians' Clinic at the Helsinki Music Hall. Dr. Peltomaa is a frequent lecturer in general Musicians' Medicine issues and the problems of professional voice.

### Dr. Andre Hedger: "The treatment of TMD"



Dr. Andrè Hedger qualified from Guy's Hospital in 1978. He holds a Bachelor in Dental & Licenciate in Dental Surgery Degree's. He started his private practice in 1981. He runs The British

Society for the study of Cranio-Mandibular Disorders. He lectures both in the U.K and abroad on TMD, Orthodontics, Hypnosis, Nutrition & Rock & Ice Climbing.



Paula Esson: "Going beyond the nothing"

Paula became motivated to understand the role of TMD in pain management and

performance during her time with England Basketball in the 1990's. She was intrigued by loss of performance and increased fatigue in players with orthodontic intervention. Qualifying as a Bowen practitioner and teacher allowed these presentations to be addressed with a biopsychosocial model.

Now Paula is the director of 5 health centres in the North East specialising in NHS pain management and collaborative models of delivery. They endeavour to research and understand the link between TMD presentations and chronic pain, to assist the industry in embracing the patient's whole experience with their condition.



Matt Hudson: "Going beyond the nothing"

Matt Hudson is a highly respected author on the subject of self sabotage and the inner workings of

the mind. Over the past two decades, Matt has delivered talks, presentations and workshops around the UK and internationally. His approach is light hearted, engaging and educational.



Dr. Harald
Stossier:
"The importance of biochemistry"

Dr. Harald Stossier has a highly respected international reputation for his work as a

practitioner and innovator of Mayr Medicine. After studying under the legendary Dr. Rauch, a graduate of F.X. Mayr, he set up in 2004 as Medical Director of the acclaimed Viva – Centre for Modern Mayr Medicine. Dr. Stossier has been fundamental in the integration of complementary medicine within the medical profession. Since 1988 he has been a consultant for complementary medicine at the Medical Chamber of Carinthia and the Austrian Medical Association. He lectures widely and has published many articles and books on Mayr Medicine and nutrition.

#### Suggested Hotels:

Holiday Inn Oxford Circus 4\* 57-59 Welbeck Street, London, W1G 9BL

Holiday Inn Regent's Park 4\* Carburton Street, London, W1W 5EE

Marylebone Hotel 4\* 47 Welbeck Street, London, W1G 8DN

Nottingham Palace Hotel 4\* 37 Nottingham Place, London, W1U 5LT

Astor Court Hotel 3\* 20 Hallam Street, London, W1W 6JQ

# For registration & payment details:

please go to the-olab.com Enquiries:

bookings@the-olab.com Tel: +44 1202 605 165

#### venue:

Cavendish Conference Centre, 22 Duchess Mews, London, W1G 9DT

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Refunds: Requests for refunds must be made in writing by the deadline date, which is 8 weeks prior to the start of the conference; telephone cancellations will NOT be accepted. Refunds or credits will not be given for failure to attend, late arrival, unattended events or early departure. Refunds will be processed as soon as possible, but no later than 8 weeks after the conference. If you submit a written cancellation request prior to the deadline, a refund will be issued less a £100 cancellation fee.









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